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The high-profile two sessions, National People's Congress and Chinese People's Political

Consultative Conference, opened in Beijing. Premier Li Keqiang said the year 2018 was the first year for

putting the guiding principles of the 19th National Congress of the Communist Party of China fully into



News about the two sessions effect. Li also said we forged ahead and overcame difficulties and made major progress toward a decisive victory. The followings will show highlights of the two sessions.

Speaking about cultural heritage, this year's two sessions witnessed a heat discussion about the issue of protecting and developing cultural heritage. Gao Yun, an NPC deputy, advised that we should establish the system of classified protection, properly utilize historical buildings and formulate the law of protecting cultural heritage.

Speaking about economy, this year China is promising more monetary easing and more tax cuts. Li said that China's economy indeed met new downward pressure, but we will prevent major economy from sliding out of the proper range. In fact, we have sent a stable message to the market.

Speaking about employment, employment is one of key policies. The employment-first policy has

When it comes to the Arbor Day.

又逢一年植树时

There is no denying that trees not only play a magnificent role in keeping ecology in balance, but also provide people with various resources.

Also, the rapid urbanization of our society, trees seem more valuable than ever before in this

industrial but contaminated era in which our environment is undergoing a severe degradation. At the same time, a great number of people support more greenery in open areas in towns and cities rather than more housing buildings.

That's how the Arbor Day find its place.

It has long been the tradition to hold an annual tree or forest festival in many countries. The origin of such celebrations dates back to antiquity and is in the dawn of religious feeling and awe for what trees represented. However, Arbor Day, as it is commonly known today, is in American origin and was first observed in Nebraska in 1872.

But how do the trees give us grace in the specific ways?

As trees are important part of the urban environment and a city with easy access to green spaces is more livable and attractive for most people. First of all, as we all know, green plants can carry out photosynthesis, which not only absorbs carbon dioxide, but also releases oxygen. Therefore, the air quality in cities will

Author/ Xu Ruiyang

be improved greatly. Secondly, people living in cities with lots of trees are less likely to suffer from health problems caused by smog and fumes. This is extremely important because today travelling by car has become a major means of travel in most cities.

Apart from this, it is tree that stabilizes soils and prevents them from being eroded by floods. Besides, trees can be applied to defend against desert. Moreover, trees perform the function of the regulation of air temperature and humidity, which is benefitial to people's fitting to the environment.

Last but not least, trees are a kind of material of paper making, which makes our life and communication between people more convenient.

From what has been mentioned, we can get the conclusion that trees improve both our environment and life, it is necessary for us to plant more trees.

On Arbor Day, particular attention is drawn to the trees in our lives. It's not just a day to plant trees and then forget the gesture for another twelve months. Planting a tree one day is no credit to us if during the rest of the year, we neglect to care for those already being grown. We should have an enduring feeling on Arbor Day and should take action to develop it sustainably.

been one of the nation's three macro-policies to better job security, said Li. The government will take stronger moves to secure employment including college graduates, laid-off workers and migrant workers. Related to employment, the files of college graduates can be kept on campus for two years if they can not find jobs.

When it comes to the relationship between

When it comes to the relationship between China and the United States, Li said common interests between China and the US far outweigh differences. Separating the two economies is unrealistic.

In order to timely convey and follow the spirit of the two sessions, on the afternoon of March 18, NWAFU organized the national "two sessions" spirit communicating meeting in the conference room 207 and 208 of the International Exchange Center. As a college student, we should consciously learn from practice, take the road of youth life and strive to be the leader and pioneer of the new era.

FOCUS ON



A1:

Pay attention to the two session and care about the Arbor Day.



A2:

Have you ever want to take part in Yangling International Marathon?



31:

Let's know more about AJ not just its fashion.



B2: A report about Whiskey

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Nothing to be got without pains but poverty.



Yangling International Marathon

让我们相约四月, 相约杨马! Author/Kang Xuena

Recently, our university has recruited volunteers to help the Yangling International Marathon. After hearing about this news, many students want to volunteer this big event and try their best to pass the interview. Some of them have passed the interview and got this valuable opportunity to take part in this exciting competition.

Do you know the history and story about the Yangling International Marathon? The Yangling International Marathon was founded in April 26, 2015. It was the first time for Shaanxi Province to stage such a large scale sports events. The 2015's competition has attracted millions of contestants to join in and received social acclaim. It was a successful beginning. Then in 2016, this competition has been an international marathon and been paid more attention. In 2017, it added a project which allowed parents and children to join in this match together and this year's theme is about the "green marathon". At present, it has been the largest international sports event in Shaanxi province with the largest organization and the largest number of participants.

The starting point of the competition is at Yang Ling Convention Center Square. And the route passes through our south campus' east door, Ginkgo South Road and the south campus' west door. The different projects have different endpoints. However, the longest route is 42.1965 kilometers while the shortest route is 3 kilometers.

In this year, the Yangling International Marathon will start at 8:00 on April 14 and the registration for the race has started at 10:00 on January 28. Eight different awards will be set up in the competition.

Are you ready to watch the spectacular competition in this year again? Let's meet in Yangling International Marathon in romantic April!

Shake out our normality a little bit. —To "Frances Ha"



Author/ Xu Ruiyang

//You look older but less mature...'

People who are as diverse as Elvis Presley, Louise C.K. Alicia Keys, and Taylor Swift call New York their state of grace and along with these iconic figures comes Frances Halliday. Her dreaming bubble does extend to France and California, but New York is really her home base. In Noah Baumbach's (the director) film, we follow this enigma of her address constantly changes, and she strives to follow her dream of becoming a professional dancer. We are allowed to examine and analyze her in all sorts of situations because plot usually gives us the way to thoroughly comprehend the free spirit in Frances.

She worries about money, can't pay rent, wants to play with her best friend, and is a self-proclaimed undateable girl. She acts like a five-year-old one moment and yet has an almost unknowing beauty in her. In other words, she is a real winner. We cannot help but fall in love with her since she wins us over with all her oddities from beginning to end. Her friend Sophie cannot stay mad at her forever either. It's just not possible to get furious around her even for fugacious mind. They have to make up all the time.

Frances settles down on final time, after trying her hand rather successfully at choreography and moving back to Washington Heights. There we get last little riddle. We finally can smilingly know about the title of this film. It's so "Frances Ha" like the perfect cherry on top of the sundae.



Not everyone can make her second name to be "Ha".

In the tradition of New York films, Baumbach's effort has a visual style that meant to take us back to the authentic black & white film of Woody Allen's "Manhattan" in some scenes, the main character acts with another character altogether. Whether he is pandering to us or not, there is no doubt that I am a fancier for the cinematography and it made things just a little bit more magical. Thanks to Greta Gerwig's help to craft this script and in her character, she found the perfect paradox. An individual is so extremely weird, but still somehow believable. Her crazy and quirky behaviors only help to solidify her character in our mind. The fact is that each of us are able to understand Frances in different angles.

Those individuals give every single day that they live on this earth a certain extent of being casual and free. I speak for all those who are cautious, rational. However, we need the Frances Ha to make us laugh and to shake out our normality at least just a little bit.



No sunshine but bath some shadow

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MAD

Shoes were just shoes for the first 80 years of the 20th century. Then in the mid-1980s, Nike released a pair of shoes inaugurating a new era.

Air Jordans, now commonly known as Jordan Brand, was specially designed for NBA superstar Michael Jordan. Before the AIR JORDANS, all basketball shoes were white. Not only was Michael Jordan defying gravity and schooling opponents, but his Air Jordans were sought after because everybody wanted to be like Michael.

It wasn't all fun and games though. In 1985 NBA commissioner David Stern banned Michael from wearing the Air Jordan 1 in black/red due to not meeting the NBA's dress code. Each time Michael wore them, he would be fined \$5,000. Nike saw this and took on a perfect marketing strategy. They would pay Jordan's fines and released a commercial giving this pair the nickname "Banned". So, even to this day, the "Banned" is one of AJ's best-selling shoes models

Each year, a new AIR JORDAN is released. An

History of Air Jordan:

villain and dominator



人人都爱AJ, 可你了解它的历史吗?

Author/ Yang Bowei

annual event since its debut in 1985, each release has been met with ever-increasing anticipation from the media, the industry, and the buying public. AIR JORDANs perennially dominate the market in sales and demand, establishing with each year's model higher benchmark standards in design, innovation and performance for the entire athletic footwear industry. At the heart of the franchise is the perfect synergy between athlete and technology – Michael Jordan, the greatest player in the history of basketball, and the shoes he's worn throughout his illustrious career that epitomize his relentless dedication to performance, innovation and achievement.

Today's AIR JORDANs continue to build on the franchise's rich history of innovative design and uncompromising performance. Inspired by the greatest to ever play the game, the franchise continues to lead and shape the athletic footwear industry into the future. As Michael's legend continues to grow, his legacy in the AIR JORDAN franchise lives on.

I wondered for a long time whether I would like to make a brief comment on Mr. Hayao Miyazaki's "Spirited Away". Although this would break the rules of storytelling, these stereotypes were ignored in view of their profound influence on me.

"Spirited Away" is amazing, And I first saw this film at the age of fourteen. People should have enough experience to understand films with various metaphors, especially something relevant to ethic. Ethical movies are very different from realistic movies. Ethical movies can be seen at a glance only by reading Ethical books, However.

glance only by reading Ethical books. However, movies reflecting social reality need to be seen under the guidance of personal experience. "Spirited Away" is not a traditional realistic film. Mr. Miyazaki separates the circumstance and situations of Japanese that he wants to construct and reflect from different scenes - the two worlds connected by corridor and the hall. The world which parents stopped was the world in which people lived, and the world arrived after crossing the corridors and halls seemed to represent an era that no longer existed but still remained.

What did Japan miss among the Japanese? As Chihiro's father, Minofu Otano, said when he saw the ruins of the rubble: "These should have been built in the era of Japan's great development.

should have been tollic in the era of Japan's great development, but the end is in ruin." Perhaps, From the most Japanese's perspective, there are no longer prosperous like cherry blossoms, but also the era when the Japanese economy soars so brilliantly and magnificently. After World War II, Japan's economy did not falter. On the contrary, with the support of the United States, and internal creation and innovation, it developed rapidly. From the mid-1950s to the early 1990s, Japan's economy made a great leap forward. From the defeated country which was desperately poor and after World War II, it became the second largest economy in the world that proclaimed to be able to purchase the whole United States. However, in the early 90s, when Japan's economic Bubble

crisis, Japan's development was in a relatively stagnant state. What the Mingfu Otano say is that the era of Japan's great development should be the era of Japan's economic boom.

The bathroom which is under the charge of Tang Po, is clear and in order. Spirits can only survive by working nights and days in bathroom to avoid being turned into a pig. But if he wants to get a job, he can only sign a contract with Tang Po. How similar is this to Japanese society? Chihiro's parents' strict discipline and indifferent attitude echo the indifference among people in Japanese society.



Author/ Luo Qiwen

Japan, which places great emphasis on the survival of the fittest, persecutes the people in the era of rapid economic development, and the influence left behind after the Bubble Crisis has been in people's mind for a long time and cannot be eliminated.

This is what I think of Mr. Hayao Miyazaki's concerning about Japanese society. On the other hand, Chihiro's parents in another world eat food without the permission of owner. The first word that jumps into audiences' minds is greed. In Dante's Divine Comedy, greed belongs to seven sins and are cruelly punished in hell. In the movie, they become pigs that have forgotten

who they are. Tang Po is a greedy, profit-oriented old woman, quite different from her twin sister, Grandma Qian. The cottage where Grandma Qian lived was in sharp contrast to the farmland around the Tang Po's house and her magnificent living room. Obviously, Mr. Miyazaki preferred Grandma Qian's pastoral songs to Grandma Tang's intoxication with fortune. When I consulted the relevant film reviews, I read that mother-in-law Qian and mother-in-law Tang represent paternity and maternity. This is a category of ethics. I don't know much about it. Just mention it, maybe it's also a wonderful way of thinking. Setting aside these tedious and dull analyses, starting from feelings, it seems that what touches me most is

not the feeling between Nigihayami Kohakunushi and Chihiro, but the constant companionship of the Faceless Man. He forgot his name, his parents and his language, but he always remembered to treat her well after he fell in love with Chihiro. After swallowing the frog, the face-less man went mad, thinking that gold could bring respect to others. He almost swallowed a whole bathroom and turned out all the gold in his hand, but only wanted to give it to Chihiro. Chihiro fed him Heshen's pills, pushed out oil i does in his had.

it to Chihiro, Chihiro fed him Heshen's pills, pushed out evil ideas in his body, and changed back to his own appearance before accompanying Chihiro on his final journey.

So ah, "people can't forget the past, just can't remember it."

I think, maybe Mr. Miyazaki wants the teenagers who have seen this film to understand that society is not so beautiful: parents' indifferent attitude, strict discipline, strict social hierarchy, stiff work, contract system that deprives people of their freedom, and so on. However, in the long life that is bound to be mixed up with society, children can still choose to be a kind person.

You have to believe in yourself. That's the secret of succes

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English Herald

When it comes to Scotland, there must be a magical liquid: Whiskey. It's only a simple wine for most of us, but to those professional Scotsman, it's not so simple! So, follow the steps of our reporter and a cute Scottish gentlemen and get to know the secrets of Whiskey together!

Interviewer: Song Yuchen(S) Interviewee: Grandad Mathew(G)

S: How many kinds of whiskey in Scotland?

G: The main difference is the malt (麦芽), you know the whisky is made by malt, right? The most common one is the single-malt whiskey, there are also the double-malt whiskey, which is usually stronger so we usually add some honey into it so that it may be a little bit mild. There's also a kind of whiskey called the blended whiskey, which has many good effects on people. A blended whisky is made by many kinds of malt whisky, you have to mix them together in a special ratio to get it, it's probably the most expensive whiskey among these three. And it's also the strongest whisky, it's alcohol percentage is between 40% and 46%. Some really harsh brand can reach 60% or even higher, and we call it the pits whiskey, which is very famous in the northern Scotland.

S: What's the taste of the pure Scot whiskey?
G: It may be weird but I have to say that the whiskey with honey is usually sweet, they even add juice inside to make it even sweeter. And those pits whiskey with high percentage of alcohol are tasted a little bit smoky. These whiskeys usually look dark, like the clay, you know. It also has a very strong smell, it's so strong that you can smell

The Secrets of Whiskey

采访: 威士忌的秘密

Author/ Song Yuchen



it from a long distance.

S: What's the main use of the whisky?

G: Differ from you Chinese people who always use wine to cook, for us, the Whiskey is mainly used to drink. Here, have a try! (Took a small metal bottle from his jacket pocket) Just drink it anyway! I'm not a clean freak!

S: (Drink some whiskey) It's a little bit sweet... oh! It burns in my throat, now is my stomach! G: How do you feel now?

S: My whole body is getting warm. I can't feel

G: That's the most common use of whiskey, when you have a cold, just drink some whiskey and have a rest, you even don't need to take

S: Are there any other use?

Share

G: Of course, it can make you more handsome, romantic and get a beautiful wife; it can help you become rich and smart; it can also save your life! It saved my life when I was in Normandy, anyway. (He used to a solider during the World War II) So, what are you waiting for, young man? Get some whiskey for yourself! It will make you stronger!

S: Actually I'm allergic to alcohol. G: Oh, that's a pity, but you can still buy some for your father or your grandfather, right?

S: You know what? After hearing what you aid, I will buy some whisky for my family



The Death of a Loner who Once was in Charge of the Fashion Empire

· Karl Lagerfeld

一个时代的终结

On January 22, 2019, the Grand Palais has been transformed into a Mediterranean garden with a green meadow and an abundance of lush green vegetation inlaid with a turquoise swimming pond. And then, under the glare of the international exposure, here come supermodels in Mermaid skirts ornamented with pearls and sequins or fabulous tutus which are in perfect harmony with Chanel's signature tweed.

However, until the last model left away riowever, until the last model left away unexpectedly at the end of gorgeous fantasy land, the black figure that was familiar to us all wasn't present because of physical problems, which caused people's vast worry. Since he began to assume the office of artistic director of Chanel, he hasn't been absent from any fashion show. As far as he was concerned, Karl seemed to have worduned a comparatively rational addiction to produced a comparatively rational addiction to work and have never thought of retirement.

On February 19, the trepidation finally came into being actuality. He passed away in Paris. We can get to understand the evaluations of him easily from foreign media: the iconic character of the modern fashion luxury world who was gifted for superb artistic aesthetic and commercial capacity. Despite of these, the most famous is the label "Kaiser" attached to him, which means monarch in German

During fashion weeks, your eyes can be easily fixed on the figure that always has a white ponytail, wears black sunglasses and Crowe Heart Jewelry, dressed in white shirt and black suit and mitts in the crowd. The constant image for decades has already become a symbol. What's more, it's said

that there are diverse white stiff shirt collars in his apartment. In his opinion, wearing mitts can help prevent direct contact from others. And having a pair of black sunglasses can make him look more humane while observing others. People who work for fashion should have sensitivity to fashion, which leads to an unstable

sensitivity to taskindi, which leads to an unstable life. On the contrary, Karl lived a relatively stable lifestyle. But now, after the death of Alexander McQueen, Kate Spade, Yves Saint Laurent and Hubert de Givenchy, Karl Lagerfeld became the last glampr of that era.









Author/ Tang Yir<mark>an</mark>